

Five Star

Social
Connection

"Serving our Local Communities" www.fivestarconnection.org



Donna's Musings

Members and Guests

Happy June! There's something special about grooving to the sound of music that seems to take all of our cares away. It could be hearing your favorite tune, mastering a complicated line dance, slow dancing with someone special, or sharing time listening to music with friends. No matter what it is for you one thing's for sure: The physical, mental, and emotional health benefits of dancing are endless.



No matter how many years young you are, engaging in physical activities that involve dance changes you. From better physical and mental health to a boost in emotional and social well-being, moving your body to the sound of music can transform your life. Dancing improves balance and strength. Scientists have found that brain power improves with dance. Dance requires us to focus on changing movement and recalling moves and patterns and when we don't remember it causes laughter which is always good for our health!

There is something incredible about dancing with others! We are so lucky to have our Five Star family. Big THANK YOU'S and Congratulations go out to David and Terry for all they do to keep us afloat and on celebrating their 10 year Wedding Anniversary!

Thank you to all those who help in big and little ways, no matter if it is helping with table cloths, rearranging, selling raffle tickets, teaching lessons, putting out snacks, helping us remember the steps on the dance floor, manning the sign in table, playing awesome tunes, being at the dance and supporting us! You are all Amazing!

Happy Father's Day to all our Fathers!

I hope to see you letting loose at our upcoming dances on June 8th (Sports dance, wear your favorite team attire) and June 29th (Summer dance)! Don't forget to continue to keep an eye out or another location for our dances.



Our Location:

Lion's Club

**12828 Canal Rd
Sterling Heights, MI**

Partridge Creek, Fri/Sat 5p-8p Sun, 3p-6p

- June 3 Kat Orlando Band (R&B/Pop)
- June 4 The Johnnies (Variety /Pop/Current)
- June 9 Collision Six (High Energy Dance/Variety)
- June 10 One Love—Reggae/World Music
- June 11 At Carmichael (Duo Rock& Roll)
- June 16 Weekend Comeback (60's Cover Tunes)
- June 17 Yacht Seas (Yacht Rock)
- June 18 The Mixx Band (Top 40/Variety)
- June 23 Sinjon Smith (Pop/Current/Variety)
- June 24 Geff Phillips & Friends (Oldies /Rock)
- June 25 Nic & Kay (Pop/Motown/Variety)
- June 30 Cancel Monday (Current/Variety/Pop)

June Celebrations

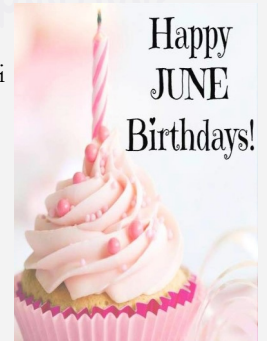
6/10 Donna Poole-Grable

6/22 Thomas Bongiovanni

6/26 Denise Warren

Happy
JUNE
Birthdays!

Happy Birthday
to this Month's
Celebrants!



Mark your Calendar

June 2 - Five Start Meet up at Partridge Creek,
5:00 pm The Rhythm Kings

June 8 - Social Dance
7:00 pm Set up, Lessons to follow,
7:45 pm Dance

June 18 - Happy Father's Day

June 29 - Summer Dance
7:00 pm Set up, Lessons to follow,
7:45 pm Dance



Summer Sounds

Lake St. Clair Metropark 6:30 pm - 9:00 pm

June 4 - The Ashley Lynn Experience (Country w/Twist)

June 11 - Free Beer (Party)

June 18 - Stone Blossoms (Classic Rock)

June 25 - The Firewalkers (Vintage rock)

Auburn Hills Parks & Rec 7pm - 8:30 pm

June 23—Your Generation

June 30—The Oneders

Stony Creek Metropark 7 pm—8 :30 pm

June 9 - Weekend Comeback (Party)

June 23 - The Ashley Lynn Experience (Country w/ Twist)

Dodge Park 7pm

June 1 - The Prolifics (Motown)

June 15 - Bernadette Katheryn and the Lonely Days Band
(Country Rock)

June 22 - Mainstreet Soul (Party Band)



Having fun...



♥ Happy Anniversary! ♥



Board of Directors:

| | | |
|-----------------|----------------------|--------------|
| President | David Kozlowski | 248-571-1655 |
| President Elect | Open | |
| Secretary | Connie Roussin | 586-601-5555 |
| Treasurer | Terry Mike-Kozlowski | 248-650-3739 |

Directors:

| | | |
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| Membership | David Kozlowski | 248-571-1655 |
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| Member at Large | Bill Gotts | 248-217-0514 |
| Member at Large | Brenda Gagnon | 248-628-9667 |
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| Divorce Recovery | Jim Blundo | 248-930-0644 |
| Family Law | Bill Reisdorf | 248-766-4484 |
| Financial | Terry Mike-Kozlowski | 248-650-3739 |

Our mission is to provide support and enrichment necessary to promote a healthy, social and educational environment for single parents, families, single adults, and married couples. We are structured to create an atmosphere where these needs can be addressed and individuals flourish. As a diverse organization, we strive to enrich the community where we live work and play. Five Star Connection, Inc. is a non-profit Corporation that is exempted from Federal Income Tax under Section 501c4 of The Internal Revenue Code.

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