

 **Spring & Summer Series ~ 2016**

 **“FREE” Open to the public!**

 **River Crest Banquet Hall**

 900 W. Avon Road, Rochester Hills, 48307

 **Speaker at 7:30pm** ~ Dancing at 8:30pm ~ **Come Join Us!**

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|  **Thursday** **Evening** |  **SPEAKER & TOPIC** |
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|  **~~March 10~~** | **Travis Walter: “Meadowbrook Theatre-Backstage Stories & Moving Forward”** |
|  | Meadowbrook Theatre’s Artistic Director will share his entertaining stories about what goes on behind-the-scenes while producing professional shows at Meadowbrook Theatre and give us a peek of future plays and musicals. |
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|  **~~April 14~~** | **Darin Louw: “Social Security Income Planning”** |
|  | Social Security Claim Strategist explains what baby boomers need to know to maximize their social security lifetime benefit-before the laws change on April 30 affecting their options.  |
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|  **~~May 12~~** | **Rick Bloom: “Money Talk 2016-Current Market and Investment Outlook”** |
|  | Renowned financial expert will update us with money talk and facts we need to invest in our current volatile market for asset growth and portfolio protection to meet our needs for a comfortable retirement. |
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|  **~~June 9~~** | **Donnaleen Lanktree: “Rosie the Riveter-Personal Stories”** |
|  | Past-President of the American Rosie the Riveter Association will enlighten us with personal stories from women who were part of an all-female workforce building airplanes and tanks during World War ll. |
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|  **~~July 14~~** | **Jerry Sowik: “Senior Care” & Angie Kadowaki “Life Enrichments”** |
|  | Synergy Homecare President Jerry Sowik explains the process of seniors entering a hospital when sick and going on to Rehab then return Home and learn how to care for themselves. Angie is an expert in Dementia and Alzheimer’s, she will explain the various stages of progression so that we can easily recognize their signs and know the options available. As experts in their field, our speakers will include facts/updates about Medicare, Patient Advocates, Hospice, and VA benefits. |
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|  **August 11** | **Yuli Tatarly and Eric Wilson: “Healthy and Affordable Eating”** |
|  | Trader Joe’s experts tell us how to shop and eat healthier for less; and also cover what’s new in healthy eating, with the latest on GMO’s, growth hormones, and antibiotics in meat and dairy. |
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|  |  **Information on speakers or future topics: Tess Craven 248-689-1390** |