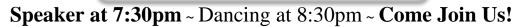


## SPEAKER SPOTLIGHT

Fall & Winter Series ~ 2016 / 2017 "FREE" Open to the public!

River Crest Banquet Hall

900 W. Avon Road, Rochester Hills, 48307





| Thursday<br>Evening | SPEAKER & TOPIC   |
|---------------------|---|
| September 8         | <b>Donald Guinn: "Phone, Mail, and Internet Scams"</b> State Attorney General's Office Representative will inform us about the latest scams by phone, mail, and internet that are targeting seniors (power point presentation).   |
| October 13          | Radford Jones: "U.S. Secret Service - Protecting Presidents and Candidates During Election" Former U.S. Secret Service Agent will share his experiences in security planning while protecting many U.S. Presidents and candidates during election campaigns, including security issues, incidents and events (with archived photographs in a power point presentation). |
| November 10         | <b>Sharon DeRouin: "Fit After Fifty"</b> Fitness trainer will give us the latest fitness tips and exercise techniques, especially for those over 50 who want to "Be Fit-Get Fit-Stay Fit" and increase mobility, flexibility, and endurance.  |
| December 8          | <b>Dr. Eric DeRusha: "Six Ways To A Healthier You"</b> Health specialist/chiropractor will discuss 6 ways to feel more energy, reduce pain and improve health problems with a whole body approach to optimal health, including information about laser therapy, chiropractic care, nutrition supplements, aromatherapy and therapeutic massage.                         |
| January 12          | Terry Mike-Kozlowski: "Tax Tips" & David Walker: "Downsizing"  Tax preparer/financial advisor helps us discover useful tax tips and 2016 tax law changes. Realtor will offer ways to downsize your residence and put you into a smaller more efficient home, saving you time and money.   |
| February 9          | Tom Bruno: "Sacred Seven - Ingredients That Make A Relationship Work" Experienced Psychologist/Counselor/Minister explores the 7 absolute "must have" characteristics needed for a successful relationship and more satisfying and happier life.  |
|                     | Information on speakers or future topics: Tess Craven 248-689-1390  |